



## NEWS

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### **INSPIRE: A One Day Women's Conference Sept. 14** *Women are invited to fill their cup with inspiration to benefit their community*

**Jefferson City, MO** — INSPIRE is a one day Women's Conference at Miller Performing Arts Center (501 Madison St, Jefferson City, MO 65101) on Sept. 14 at 9:30 a.m. – 3:30 p.m. The Honorary Committee is Dr. Jerald Woolfolk, Barbara Prasad, and Claudia Kehoe. Event Co-Chairs are Missy Creed McFerron and Sarah Roging-Bohl.

INSPIRE includes motivational speakers, entertainment, food trucks, and a local marketplace. Guests are encouraged to treat themselves to a day of inspiration on topics ranging from living with intention to how to overcome adversity and easy meal prep for eating healthy. All proceeds benefit the homeless and at-risk children of HALO.

“INSPIRE is a one day Women's Conference designed to nourish, beautify, and feed our souls,” said Event Co-Chair Missy Creed McFerron. “It was started by a group of driven women in Jefferson City who are committed to helping our community unite and grow together.”

Key Speakers include Author Kim Becking, Author Christine McDonald and HALO Founder Rebecca Welsh. Strength Sessions, which are 15 minute sessions from experts in their fields, include Beautify Your Space - Rebecca Rademan of Busch's Florist; Breathe Your Best - Christy Kehoe Johnson of The Yoga Studio & Studio 573; Feed Your Soul - Vera Schmitz of Dwell Differently; Train Your Brain - Monica Harris of Brain Balance; Nourish Your Body - Angela Bax, a Wellness Coach; and more. Singing Performance by Ladonna Ellis and Watercolor Artist Performance by Carly Rae Robinson of Carly Rae Studio.

A VIP reception is 4 – 6 p.m. at Sapphires Restaurant & Lounge at DoubleTree Hotel. VIP ticket holders have priority seating and will have a meet and greet with all speakers, cocktails, hors d'oeuvres and a swag bag with special items from the INSPIRE event.

Tickets will need to be purchased prior to the event at EventBrite here. Doors open at 8:30 a.m.

**INTERVIEW OPP.:** Keynote Speakers Rebecca Welsh and Kim Becking are available for in-person, video and phone interviews. Other speakers are available upon request.

#### **ABOUT HALO**

HALO believes every child should have the foundation of a family. Since 2005, HALO has provided love in the form of housing, healing and education to heal homeless and at-risk children. Featured in the Moroccan oil INSPIRED film series, “American Spirit” of CBS Evening News, “Heroes Among Us” and “25 Women Changing the World” of PEOPLE magazine, “The Today Show,” and Variety Magazine, HALO serves over 1,400 children each year and supports 21 homes and programs around the globe. HALO has Learning Centers and Housing programs in Kansas City, and Jefferson City, Missouri, and art programming in New York and Portland. HALO also supports orphanages and programs in Uganda, Kenya, Mexico and India. Learn how Love Heals at HALO and help one more child spend one less day alone at www.haloworldwide.org.

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